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Diplomate of American Board of Allergy & Immunology

A Conjoint Board of American Board of Pediatrics and the American Board of Internal Medicine

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PULMONARY FUNCTION TEST

INSTRUCTIONS FOR PATIENTS: PLEASE READ CAREFULLY

You have been scheduled for a Pulmonary Function test. This test measures the air moving in and out of your lungs. It evaluates and diagnoses lung disorders, monitors asthma and aids in planning any treatment.

This test is simple, easy and painless. During the test you will be asked to blow out "birthday candles" on the computer screen. The computer records the amount, force, and pattern of your breathing.

PLEASE NOTE: MEDICATIONS ALLOWED FOR THIS TEST

Antibiotics, nose sprays, antihistamines, and pain killers.

PRECAUTIONS

Do not smoke for 4 hours prior to appointment.
Eat a light meal 4 hours prior to appointment.

AVOID THE FOLLOWING MEDICATIONS PRIOR TO APPOINTMENT:

Avoid **12 hours** prior to appointment: Proventil, Ventolin, Atrovent, Albuterol, Combivent, ProAir.

Avoid **24 hours** prior to appointment: Pulmicort, Qvar, Singulair, Theophylline.

Avoid **48 hours** prior to appointment: Advair, Serevent, Foradil, Symbicort, Asmanex, Azmacort, Spiriva, Flovent.

Avoid **1 week** prior to appointment: Deltasone, Prednisone (Oral Steroids).

IMPORTANT: If you have to use a Nebulizer and/or Inhaler medications, please call us ahead of time to reschedule your appointment.

Please call us at (407)846-4000 if you have any questions.

Our Mission is to Educate, Prevent, Test and Treat Allergic, Respiratory and Immunologic Diseases